



# National Medical Association

## NMA Diabetes Education Program HOUSTON, TEXAS DIABETES DIRECTORY

The purpose of this diabetes directory is to provide you with a listing of organizations and resources that are available within your city. Diabetics who attend classes and support groups often feel empowered, as they are provided with encouragement and information on how to care for themselves, in between doctor's visits. For these reasons, we encourage all diabetics and their loved ones to join a diabetes support group nearby.

### **Houston Northwest Medical Center**

Diabetes Self-Management Education Program  
710 FM-1960 W  
Houston, TX 77090  
Phone: 281-440-2266  
**WEBSITE:** [Click Here](#)

### **Spring Branch Medical Center**

8850 Long Point  
Houston, Texas  
77055  
Phone: 713-722-3767

3rd Tuesday every month: Diabetes Education is free and open to everyone in the community.

**WEBSITE:** [Click Here](#)

### **Diabetes Support Groups in Houston, TX**

**WEBSITE:** [Click Here](#)

Memorial Hermann Healthcare System  
Memorial Hermann Southwest Hospital  
7600 Beechnut  
Houston, TX, 77074  
713-456-4523

Harris County Hospital District  
People's Health Center  
6630 DeMoss Street  
Houston, TX, 77074  
713-873-3021

Harris County Hospital District  
Settegast Health Center  
9105 North Wayside  
Houston, TX, 77028  
713-873-3021

Houston Northwest Medical Center  
TLC Center for Diabetes Self-Management Education  
710 FM 1960 West  
Houston, TX, 77090  
281-440-2266

St. Luke's Episcopal Hospital  
Outpatient Adult and Pregnancy Diabetes Education Program  
6720 Bertner Avenue  
Houston, TX, 77030  
832-355-3938

Diabetes Centers of America, Inc.  
DCoA - Diabetes Care Center at Cypress Fairbanks Medical Center  
11321 Fallbrook Drive, Suite 100  
Houston, TX, 77065  
832-237-3500

Debra F. Latimer Nutrition and Diabetes Associates  
Debra F. Latimer Nutrition and Diabetes Associates - Central  
2626 South Loop West, Suite 400  
Houston, TX, 77054  
713-795-0876

The Lighthouse of Houston  
Diabetes Self-Management Education Program  
3602 West Dallas  
Houston, TX, 77019  
713-284-8474

The Office of Dr. Alton L. Steiner, M.D.  
Diabetes Education Program Midtown  
1315 St. Joseph Parkway #1705  
Houston, TX, 77002  
713-756-8536

Debra F. Latimer Nutrition and Diabetes Associates  
Debra F. Latimer Nutrition and Diabetes Associates - Clear Lake  
1120 Nasa Road One, Suite 220  
Houston, TX, 77058  
713-795-0876

Debra F. Latimer Nutrition and Diabetes Associates  
Debra F. Latimer Nutrition and Diabetes Associates - Memorial  
11111 Katy Freeway, Suite 910  
Houston, TX, 77079  
713-795-0876

Debra F. Latimer Nutrition and Diabetes Associates  
Debra F. Latimer Nutrition and Diabetes Associates - 1960  
11830 FM 1960 West  
Houston, TX, 77065  
713-795-0876

The Methodist Hospital  
Diabetes Education Center - Medical Center  
6501 Fannin  
MS: NB1-087  
Houston, TX, 77030-2707  
713-441-4545

Kelsey-Seybold Clinic  
Main Campus: Kelsey-Seybold  
2727 West Holcombe Boulevard  
Houston, TX, 77025  
713-442-0000

Memorial Hermann Hospital  
Diabetes Self-Management Training Center  
6411 Fannin 3 Robertson  
Houston, TX, 77030  
713-704-0678

Harris County Hospital District  
Aldine Health Center  
4755 Aldine Mail Route  
Houston, TX, 77039  
713-873-3021

Texas Children's Hospital  
Diabetes Care Center  
6621 Fannin, CC 1020.05  
Houston, TX, 77030-2399  
832-822-3775

Harris County Hospital District  
Gulfgate Health Center  
7550 Office City Drive

Houston, TX, 77012  
713-873-3021

Harris County Hospital District  
Ben Taub General Hospital  
1504 Taub Loop  
Houston, TX, 77030  
713-873-3021

Harris County Hospital District  
Acres Home Health Center  
818 Ringold  
Houston, TX, 77088  
713-873-3021

Spring Branch Medical Center  
Outpatient Diabetes Self-Management Education Program  
8850 Long Point Road  
Houston, TX, 77055  
713-722-3767

Harris County Hospital District  
Northwest Health Center  
1100 W. 34th Street  
Houston, TX, 77018  
713-873-3021

Harris County Hospital District  
Martin Luther King Health Center  
3601 North MacGregor  
Houston, TX, 77004  
713-873-3844

Harris County Hospital District  
Lyndon B. Johnson General Hospital  
5656 Kelley Street  
Houston, TX, 77026  
713-566-5177

The Woman's Hospital of Texas  
The ABC's of Diabetes and Pregnancy Program  
7600 Fannin, Suite 148  
Houston, TX, 77054  
713-791-7559

Medwise, Ltd.  
Diabetes Self-Management Education Program  
4500 Blalock Road

Houston, TX, 77041  
713-934-4500

Certified Diabetic Supplies, Inc.  
Diabetes Self-Management Education Program  
1919 LaBranch  
Houston, TX, 77002  
888-966-6909

The Methodist Hospital  
Diabetes Education Center - Willowbrook  
6501 Fannin  
MS: NB1-087  
Houston, TX, 77030-2707  
713-441-4545

Memorial Hermann Healthcare System  
Memorial Hermann Memorial City Hospital  
921 Gessner  
Houston, TX, 77024  
713-242-3890

Baylor Health Care System  
Baylor Medical Center at Irving  
1901 N. MacArthur Boulevard